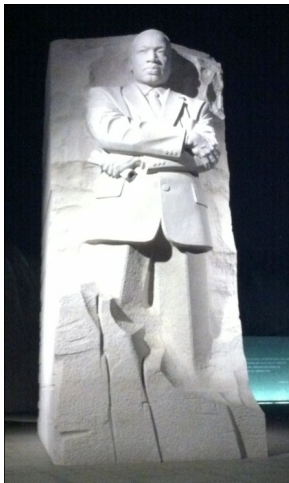




## Free Programs and Special Events



### Dr. Martin Luther King Jr. Day Celebration

7-9 p.m. Monday, January 16  
Truman Memorial Building, 416 W. Maple Ave.

The annual Martin Luther King Day celebration helps educate and remind us of Dr. King's life and teachings. The celebration features music, guest speakers and the announcement of the Dr. King Essay Contest winner. This event a partnership between the City of Independence, Community of Concerned Citizens, Independence School District, LINC, The Independence Examiner and The Independence Ministerial Alliance.

Call (816) 325-7843 for more information.



1-3 p.m. Saturday, January 21

Stop by and get information on youth sports and activities. The Expo will feature booths from various organizations, leagues, teams, camps and facilities. Fantastic door prizes will be provided by several area sports teams and organizations. Refreshments will be provided.

Ages All Ages  
Fee Free  
Location Truman Memorial Building  
416 W. Maple Ave.

Call (816) 325-7843 for more information.

## Youth Programs

### 8th Annual "Power Palooza"

10 a.m.-4 p.m. Saturday, February 4  
Sermon Community Center, 201 N. Dodgion Ave.



Spend a cold Saturday in February at the carnival. Bring the whole family and enjoy the festive atmosphere at Power Palooza. Play carnival games, get your face painted, watch a puppet show, bounce around in the bounce house and enjoy cotton candy. Purchase tickets at the door for the games and activities.

Call (816) 325-7370 for more information.

## Nature Programs



### Groundhog Day Celebration

10-11 a.m. Thursday, February 2

Celebrate the end of winter at George Owens Nature Park. Children will participate in a story and puppet show, make a groundhog craft, and eat a groundhog-themed treat. Groundhogs are an interesting native Missouri mammal and Groundhog's Day is their time to shine.

Ages 2-5 years  
Fee \$1 per child, pre-registration required  
Location George Owens Nature Park  
1601 S. Speck Rd.

Call (816) 325-7843 for more information.

### Tiny Tennis

QuickStart Tennis Format. Students will learn correct racquet grip, tennis swing, ball control and rallying.

Dates Jan 11-Feb 15  
Day Wednesdays  
Time 5:30-6 p.m.  
Ages 5-6 years  
Fee \$20 per session  
Location Palmer Center  
218A N. Pleasant St.

Call (816) 325-7843 for more information.

### Beginner Tennis

QuickStart Tennis Format. Students will learn correct racquet grip, tennis swing, ball control and basic game play.

Dates Jan 11-Feb 15  
Day Wednesdays  
Time 6-6:45 p.m.  
Ages 7-10 years  
Fee \$40 per session  
Location Palmer Center  
218A N. Pleasant St.

Call (816) 325-7843 for more information.

# JAN 2012

- 3- Yoga, Pilates/Yoga, Zumba, Extreme Boot Camp and Multi Level Aerobics classes begin
- 9- Kaerobox, Step Aerobics, and Interval Step classes begin
- 10- Brain Dance begins  
Pre-Dance begins
- 11- Tennis Lessons begin
- 12- "A Streetcar Named Desire" Opening Night
- 14- Ballroom Dance
- 16- Dr. Martin Luther King Jr. Day Celebration
- 21- Youth Sports Expo

Coming in February

- 2- Groundhog Day Celebration
- 4- 8th Annual "Power Palooza"



## Brain Dance

Have fun in this creative movement dance class which allows participants to explore dance concepts, develop skills and create dances. Children wear leotards and footless tights or just comfortable clothes to move in.

Date	Day	Time
Jan 10-Feb 2	Tue & Thu	10:40-11:10 a.m.
Jan 10-Feb 2	Tue & Thu	11:15-11:45 a.m.
<b>Ages:</b>	Toddler-4 years	
<b>Fee:</b>	\$27 per child	
<b>Location:</b>	Sermon Community Center 201 N. Dodgion Ave.	

## Pre-Dance

Pre-Dance is an introduction to dance movement using imagination and creativity. Children will learn basic ballet, jazz and creative movement games and dance. Parents are allowed to watch the first class only.

Date	Day	Time
Jan 10-Feb 2	Mon	6-7 p.m.
<b>Ages:</b>	4-6 years	
<b>Fee:</b>	\$40 per child	
<b>Location:</b>	Sermon Community Center 201 N. Dodgion Ave.	

City Theatre of Independence presents  
**"A Streetcar Named Desire"**

By Tennessee Williams

Directed by Mary Deaver

Thursday, January 12 at 8 p.m.

Friday, January 13 & 20 at 8 p.m.

Saturday, January 14 & 21 at 8 p.m.

Sunday, January 15 & 22 at 2 p.m.

Powerhouse Theatre at the  
Roger T. Sermon Community Center  
201 N. Dodgion Ave.  
(816) 325-7367

## Ballroom Dance

**7-10 p.m. Saturday, January 14**

Instead of Dancing with the Stars, come out and be one of the stars yourself at our Ballroom Dance. The dances are held at the Truman Memorial Building.

<b>Ages</b>	All Ages
<b>Fee</b>	\$8 per person or \$15 per couple
<b>Location</b>	Truman Memorial Building 416 W. Maple Ave.

Call (816) 325-7843 for more information.

## Fitness Programs & Memberships

### Sermon Center Memberships

Available for persons 13 and older, memberships to the Sermon Center allow access to the weight room (16 and older), cardio area (16 and older) and gymnasium. Memberships are good for one year from the date of purchase.

#### Independence Residents:

Age 13-59	\$15/person
Age 60+	\$5/person
Family (immediate only)	\$45/family

For non-resident rates or for more information call (816) 325-7370.

### January Fitness Classes

#### Pilates/Yoga

9:30-10:30 a.m. Tue & Thu  
Jan 3-Feb 9

#### Yoga

5:55-6:55 p.m. Tue & Thu  
Jan 3-Feb 9

#### Zumba

9:15-10:15 a.m. Tue & Thu  
7:15-8:15 p.m. Tue & Thu  
Jan 3-Feb 9

#### Kaerobox

7:30-8:30 p.m. Mon & Wed  
Jan 9-Feb 22

#### Extreme Boot Camp

5:10-5:50 p.m. Tue & Thu  
Jan 3-Feb 9

#### Step Aerobics

6-7 p.m. Mon & Wed  
Jan 9-Feb 22

#### Interval Step Class

4:30-5:30 p.m. Mon & Wed  
Jan 9-Feb 22

#### Multi Level Aerobics

6-7 p.m. Tue & Thu  
Jan 3-Feb 9

Call (816) 325-7370 for more information.

### Palmer Center Memberships

The Palmer Center has a fitness room for 50+ adults to pursue their individual fitness goals. Each membership includes a fitness assessment and equipment orientation.

Independence Residents \$50/person\*

Non-residents \$65/person\*

\*all persons must be 50 years or older

For more information call (816) 325-6200.

### Youth Sport Associations

**Independence Girls Softball Association**

[www.igsasoftball.com](http://www.igsasoftball.com)

**Independence Youth Athletic Association**

[www.iyaahoops.com](http://www.iyaahoops.com)

**Pop Warner Football & Cheerleading**

[www.heartofamericapopwarner.com](http://www.heartofamericapopwarner.com)

**Soccer Association of Independence**

[www.saisoccer.org](http://www.saisoccer.org)

**Queen City Athletic Association**

[www.eteamz.com/qcba](http://www.eteamz.com/qcba)



For more information or to register, call (816) 325-7370 or visit [www.independencemo.org/parksandrec](http://www.independencemo.org/parksandrec)